






Monday	Tuesday	Wednesday	Thursday	Friday
		Mini donuts Cereal Fruit Juice Milk	Biscuits & saus. gravy Cereal Fruit Juice Milk	NO SCHOOL
Tornadoes Cereal Fruit Juice Milk	Biscuit & sausage Cereal Fruit Juice Milk	Fruit & yogurt parfait Cereal Juice Milk	Bac. egg & cheese bis Cereal Fruit Juice Milk	Cinnamon roll Cereal Fruit Juice Milk
Oatmeal & toast Cereal Fruit Juice Milk	Sweetheart Donut Cereal Fruit Juice Milk	Scrambled eggs Hashbrowns & toast Fruit Juice Milk	Pancake on a stick Cereal Fruit Juice Milk	Cinnamon roll Cereal Fruit Juice Milk
NO SCHOOL	Pancakes & saus. link Cereal Fruit Juice Milk	Biscuits & saus. gravy Cereal Fruit Juice Milk	Breakfast bar Cereal Fruit Juice Milk	Cinnamon roll Cereal Fruit Juice Milk
French toast sticks Cereal Fruit Juice Milk	Breakfast bagel Cereal Fruit Juice Milk			

This institution is an equal opportunity provider.

FEBRUARY 2023

LUNCH

Type Your School Name Here



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February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pizza **1**
Salad & cherry tomatoes
Fruit
Milk

Chicken strips **2**
Potatoes&gravy ,gr. beans
Hot roll , fruit
Milk

NO SCHOOL TODAY

Taco soup , salad **6**
Cheese pockets
Fruit
Milk

Cheeseburger W/ works
Fries
Fruit
Milk

Hot turkey sandwich
Potatoes & gravy
Gr. beans , fruit
Milk

Taquitos, salsa
Ref. beans & rice
Fruit
Milk

Stromboli & veggie cup
Potato wedges
Fruit
Milk

Chili dog & fries
Celery
Fruit
Milk

Calzone ,salad
Cherry tomatoes
Valentine cookie & fruit
Milk

Chicken fried steak
Potatoes & gravy
Gr. beans , fruit
Milk

Chic. alfredo
Steamed broccoli , carrots
Mozz. breadstick ,fruit
Milk

Walking taco , salsa
Veggie cup
Fruit
Milk

No School

Philly steak sandwich
Tater tots , pickle spear
Fruit
Milk

Lasagna rollup salad
Garlic bread
Fruit
Milk

Crispitos , tortilla chips
Salsa , ref beans
Yogurt & fruit
Milk

Chicken strips
Potatoes & gravy
Gr. beans& hot roll
Fruit , Milk

Corndog & fries **27**
Carrots
Fruit
Milk

Orange chicken ,egg r **28**
Fried rice ,Steamed broccol
Fortune cookie ,oranges
Milk

